



Zumbathon



is back!

Zumbathon is exciting 2-hours of Zumba fitness dancing, a great way to lose tons of calories while having an incredible fun time

Sunday, October 23, 2011

10:30 a.m. to 1:00 p.m.

**at Fair Lawn Ambulance Building
(intersection of Plaza Rd and Berdan Ave)**

Directions: Drive on Plaza Road from Fair Lawn Ave toward Morlot Ave. At the intersection of Plaza and Berdan Ave(at the 1st traffic light) turn right toward Rt.208 N ramp and make immediate right (before the ramp) to the Ambulance Building entrance.

**100% of Zumbathon tickets fee
(\$20 per ticket) goes to the non-profit
"Irina Shekhets Memorial Scholarship Fund" www.ISMSF.org
to help talented students
to get into the College of their dreams**

Zumbathon is hosted by

Fair Lawn Ambulance Corp, Rhythm-and-Fitness Club "Planet Z,
founder and lead fitness instructor Marianna Shamis

Tel: (201)-815-8348

Website: www.fit-yourself.com

E-mail: zumba@fit-yourself.com

About Irina and Marianna:

This Zumbathon is Marianna's tribute to her wonderful sister Irina, who tragically died last summer on the day of her 30th Birthday while celebrating her Law School Graduation and Bar Exam pass

Irina was an extremely bright, talented and energetic person, and the big inspirer and supporter of Marianna's Zumba classes.

More about Irina Shekhets:

www.forevermissed.com/irisha-shekhets

